

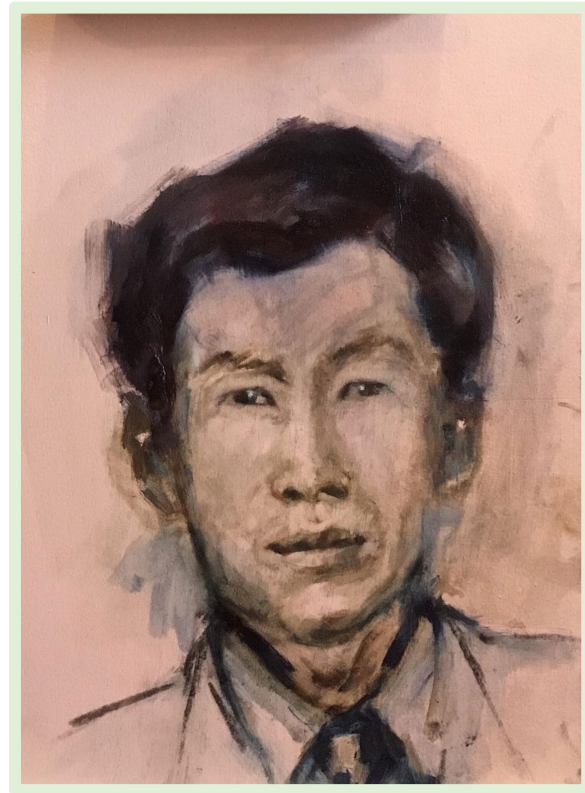


Making Connections

What happened was...



Parental Units Circa 1970



First Immigration
1972



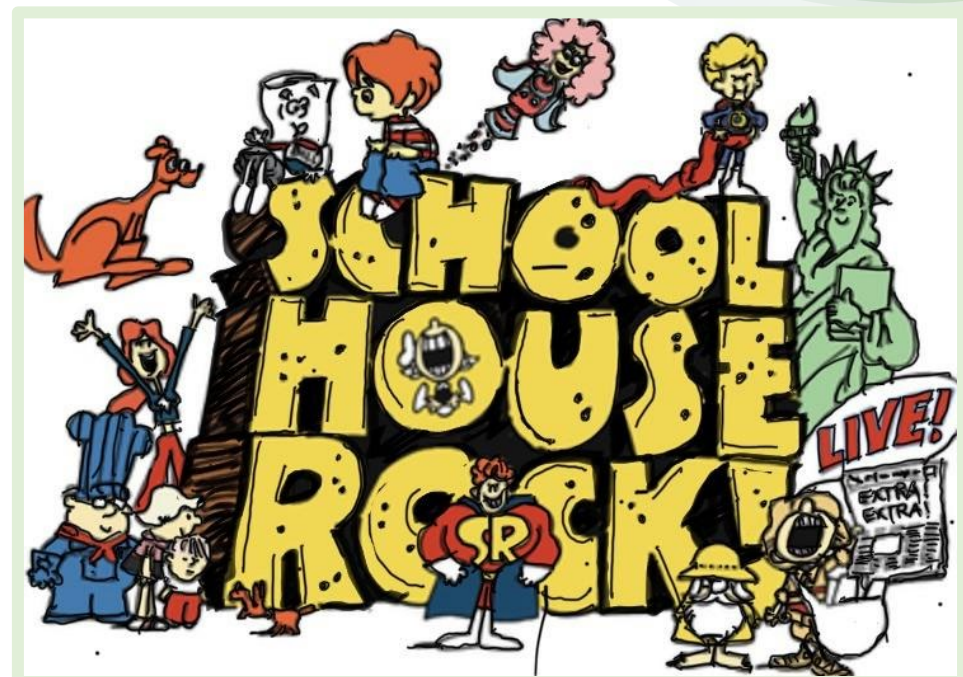


What I Knew



My Aspirations

New Language and Culture



End of Life As I Knew It



Second Immigration




Try This



*There is a distinct
difference between
existing
and
being alive.*

*You cannot serve two
masters.*





NEEDS

WANTS

What Role do Nurses Play?



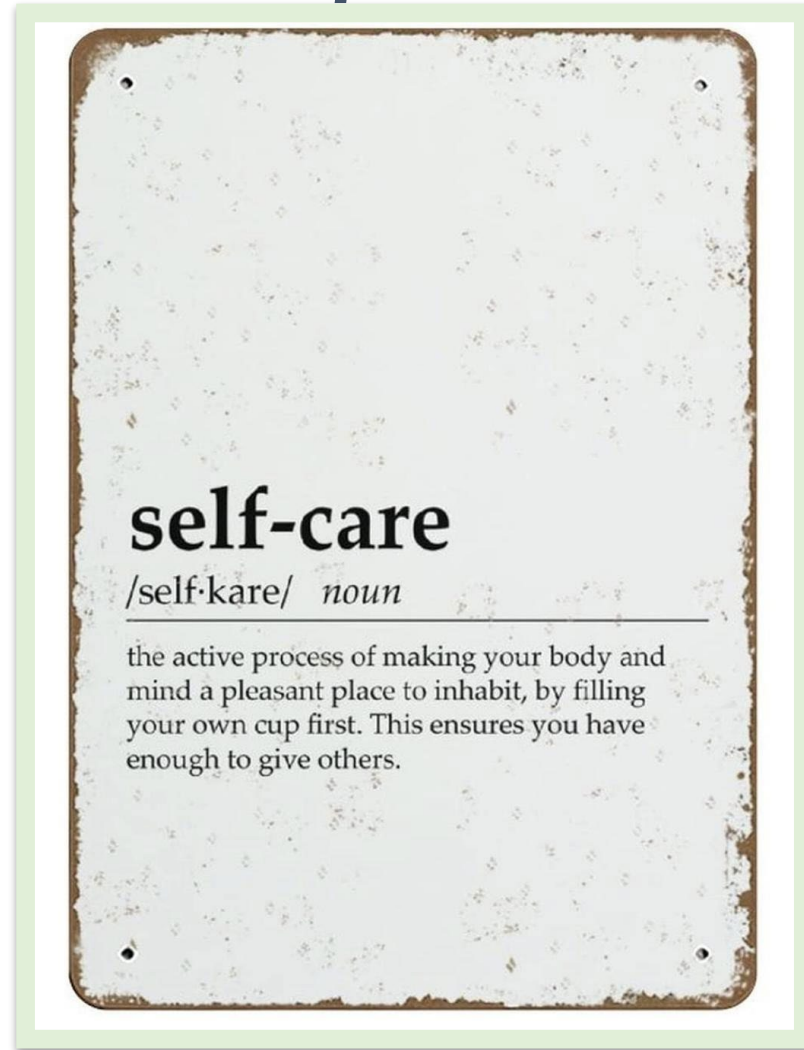
*One Size Does
Not Fit All.*



A Little Kindness Goes a Long Way



Self-Care



*Who Are Our
Patients?*



We All Wear Many Hats.

**Nurse – Parent – Spouse – Colleague –
Caregiver – Patient – Etc.**





Megan and Chris

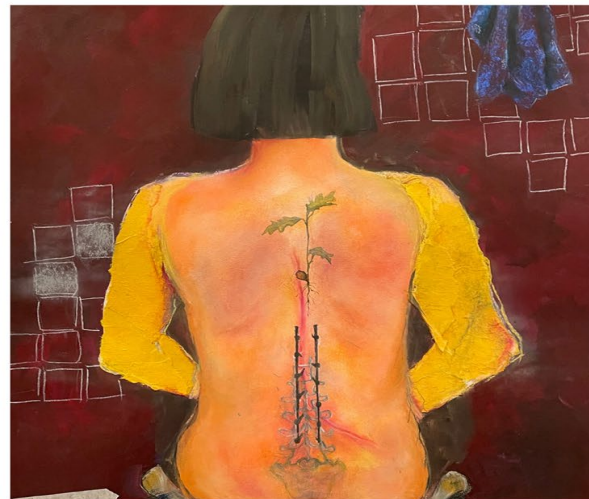
Retirement



Mucho Grandbabies



Feeding My Soul



Dressing My Hot Husband





What Have I Learned?

- *Everything is relative*
 - *Kindness is not lost*
 - *We are more alike than not.*
 - *Smile more.*
 - *Bend a little .*
 - *Don't assume.*
 - *Do something that makes you feel alive.*
 - *Love and value YOU.*
 - *You cannot give from a well that is empty.*
 - *Everyone is responsible for their own good time.*
- You Matter!*

*We Are All
Connected.*



The background features two large, overlapping, curved lines. One line is light blue and the other is light green, both with a soft gradient and a slight shadow effect, curving from the top right towards the bottom left.

Thank you!