

It's About Time

2022 TraumaCon Presidential Speech

Maria F. McMahon – STN 2020 & 2021 President

and

Amy E. Krichten – STN 2022 President





*Presidential
Address*





Maria F. McMahan



Boston Children's Hospital

Until every child is wellSM

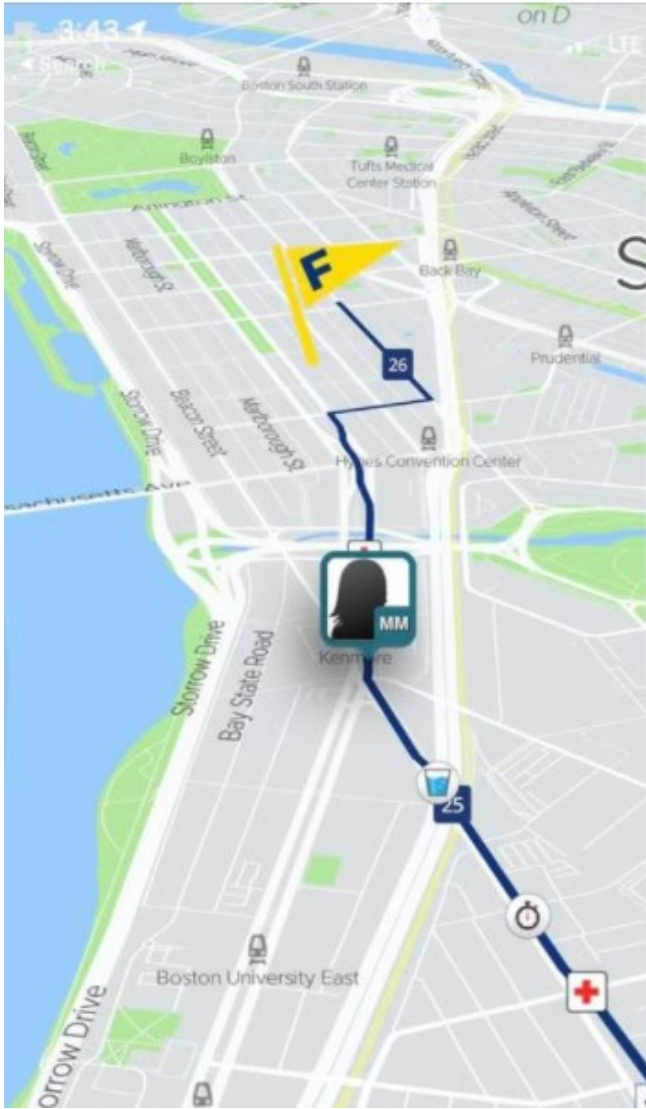




Sarah Mattocks

October 11, 2021 · 🌐

One mile to go, [Maria McMahon!](#) You've got this!!



Mile 21. Amazing







Society of Trauma Nurses
January 20, 2021

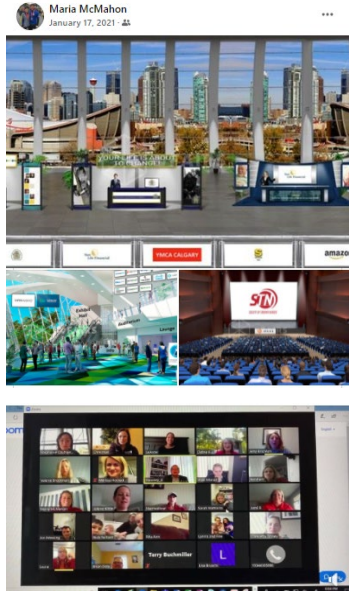
Dear STN Members,

The sacrifices made by STN members over the past year cannot be fully quantified or articulated. It has been a time of fear, uncertainty, emotional burden, psychological distress, and physical exhaustion for nurses around the world. A pandemic, social, political, and economic events have brought people together or torn them apart, leading to a lot of soul searching and anxiety.

The promise of widespread immunity through the COVID-19 vaccines is certainly a light at the end of the tunnel, but for many of our families and communities there's still a long way to go—and none of us are immune to the long-term effects of personal loss and grief that we have experienced, sometimes in isolation. I saw a social media post recently that really hit home for me. "We are not all in the same boat. We are in the same storm. Some have yachts, some canoes, and some are drowning. Just be kind and help whoever you can".

If you feel overwhelmed by everything that is going on, please know that you are not alone. Many of your colleagues (including me) are experiencing similar feelings. Please reach out if you need help or someone to talk to, and if you notice one of your colleagues struggling, please reach out to them. In the meantime, I also found a SAMHSA resource (https://store.samhsa.gov/_SAMHSA/PEP20-01-01-016_508.pdf) for healthcare professionals on Coping with Stress and Compassion Fatigue that I found relevant and wanted to pass along. Together we have already been through and overcome more than anyone could have imagined. Together we are stronger. Together we will get through this.

With gratitude for all you do,
Maria F. McMahon, MSN, RN, PNP-AC, TCRN
Society of Trauma Nurses, President



Special Statement from the STN Board of Directors

June 4, 2020

Optimal trauma care and racism cannot coexist. Systemic racism in the United States, as evidenced by events of the past week, decades of discrimination, and centuries of injustice, has eroded the core of our country. We, as a society, have a long way to go to tear down the walls and division that plague our nation. We, as a Society, as the Society of Trauma Nurses (STN), also have a long way to go.

Racism, bigotry, and hatred towards any individual or group is incompatible with the ethical principles of nursing. STN and its leaders stand firm in our commitment to diversity, inclusion, equity, and social justice for all people, as is consistent with STN's mission. We are deeply grieved by the events unfolding across our nation. Much of our sadness comes from the recognition that STN has fallen short of its mission.

- STN must do more to address racial disparities affecting the patients and communities we serve.
- STN must do more to empower members to take a stand against discrimination, wherever it exists.
- STN must do more to advocate intentionally for equitable care across the trauma continuum and across the globe.
- STN must do more to encourage diversity in trauma nursing, by insisting on diversity in governance, representation, and programming.

Today, we ask all STN members to hold us and each other accountable to be instruments of change.

- Let us pledge to promote injury prevention by insisting on justice, peace, love, respect, kindness, and relentless nonviolent activism, for as long as it takes.
- Let us pledge to call out prejudice wherever we find it.
- Let us pledge to lift each other up with our words and actions.

And, let us pledge to be the nurses who eliminate racism so that optimal trauma care can finally be delivered to all people, throughout the United States and the world.

2020 & 2022 Presidential Highlights

TraumaCon 2021



Maria F. McMahon
MSN, RN, PNP-PC/AC, TCRN
STN President, 2020 and 2021





The Past
is our
Experience

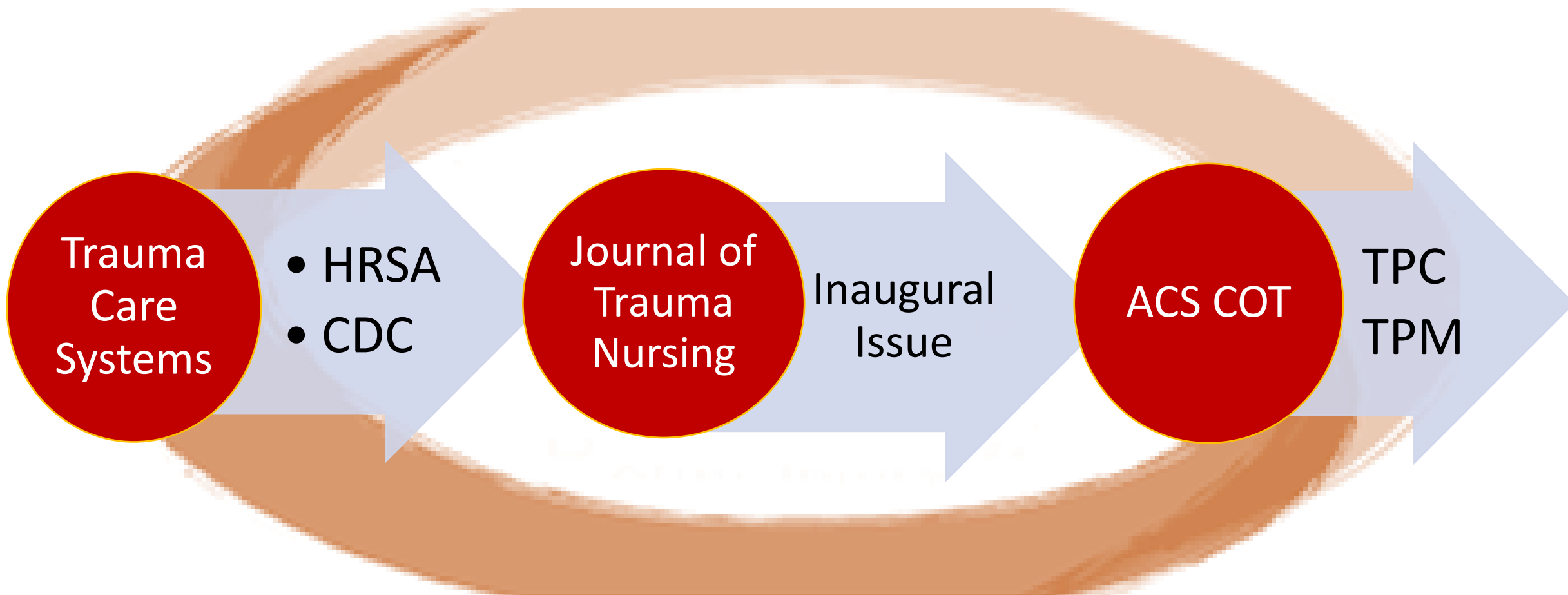






The logo for the Society of Trauma Nurses is centered on a white, torn-edge paper background. It consists of a red rectangular border containing the text "SOCIETY of TRAUMA NURSES". The words "SOCIETY", "TRAUMA", and "NURSES" are in a bold, black, serif font. The word "of" is written in a smaller, red, cursive script font, positioned between "SOCIETY" and "TRAUMA". The letters "S", "T", and "N" are significantly larger than the other letters in the text.

SOCIETY
of
TRAUMA
NURSES



Trauma
Care
Systems

- HRSA
- CDC

Journal of
Trauma
Nursing

Inaugural
Issue

ACS COT

TPC
TPM





The Evolution of Trauma Nursing and the Society of Trauma Nurses: A Noble History

Mary Beachley, MS, RN

Beachley, Mary MS, RN The Evolution of Trauma Nursing and the Society of Trauma Nurses, Journal of Trauma Nursing: October 2005 - Volume 12 - Issue 4 - p 105-115





SOCIETY OF TRAUMA NURSES



TRAUMACON



Atlanta

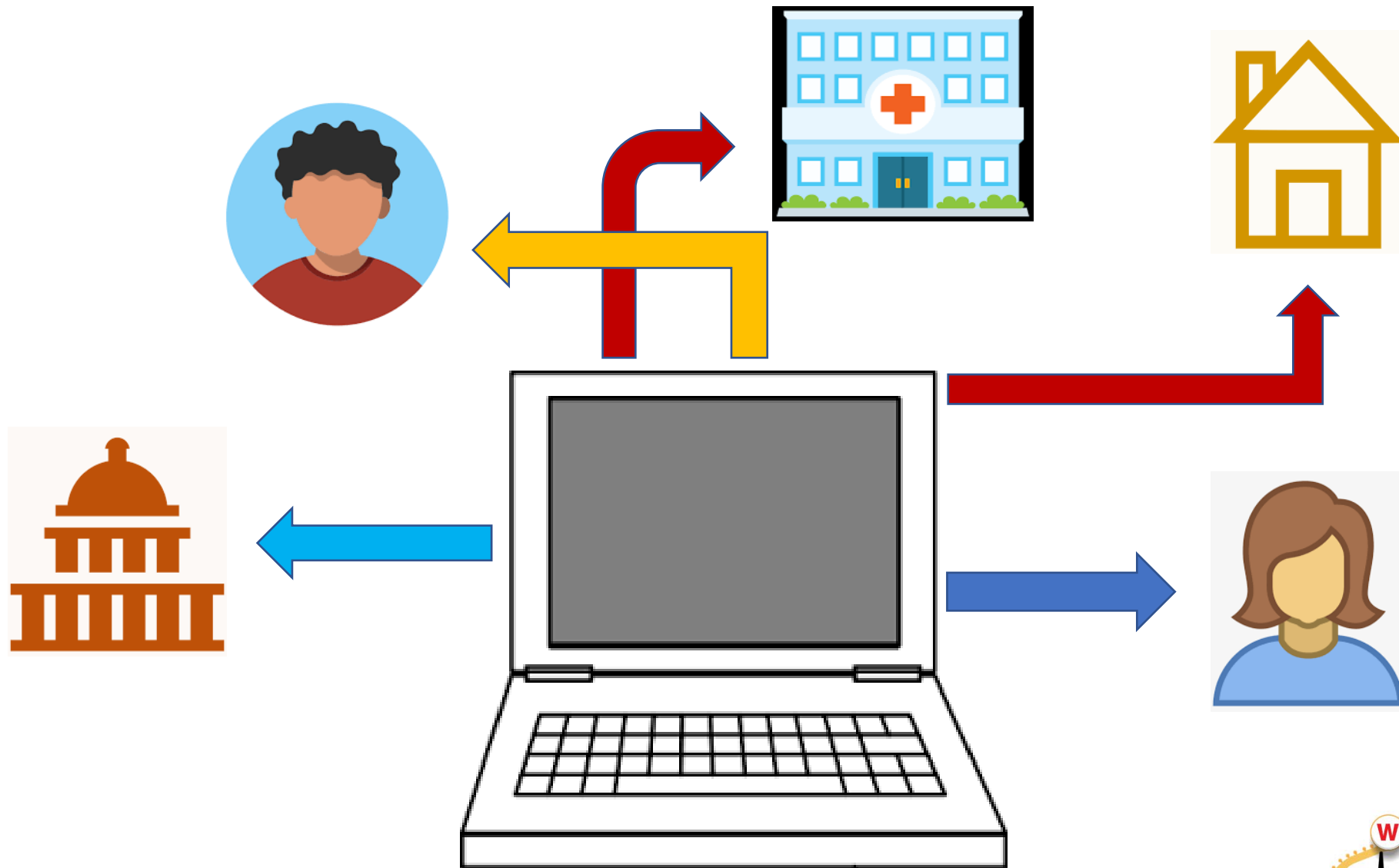
CANCELLED

5, 2020





WELCOME
TRAUMACON
LAS VEGAS







LET
YOUR
LIGHT
SHINE



SOCIETY OF TRAUMA NURSES



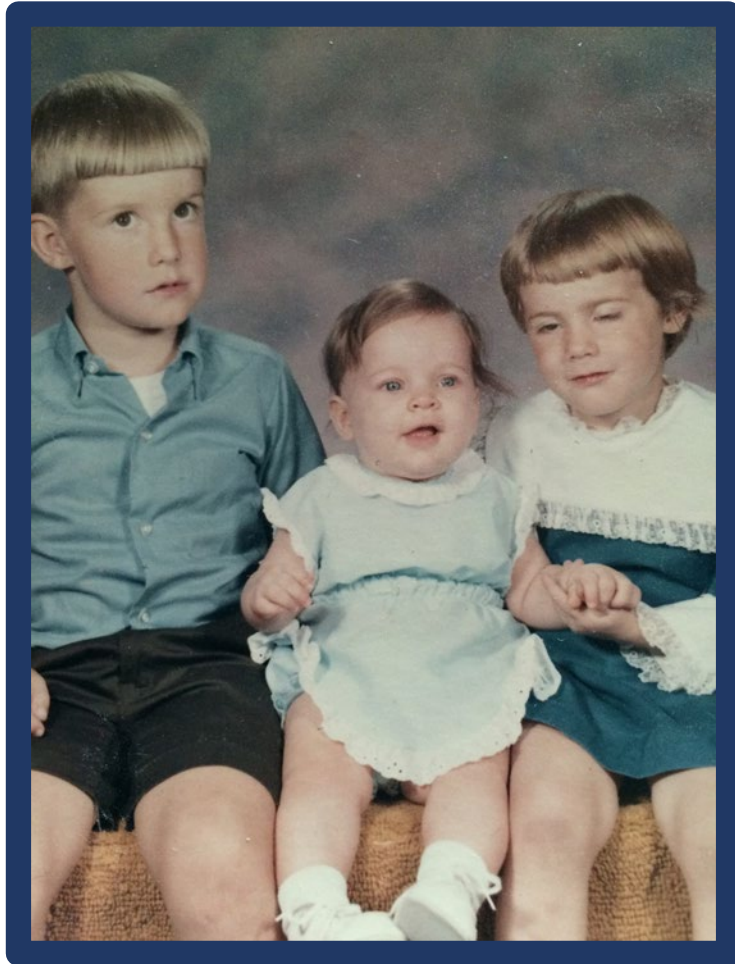
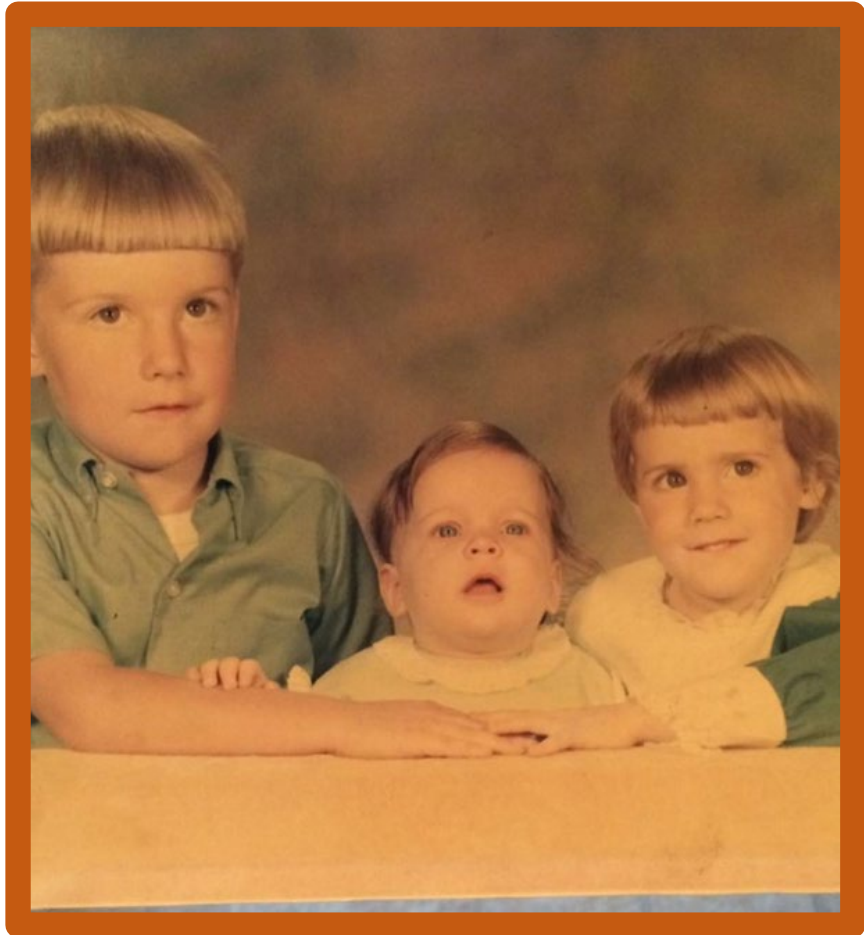


A scenic landscape featuring a two-lane asphalt road that curves gently into the distance. The road is marked with a solid white line on the left, a dashed yellow line in the center, and a solid white line on the right. The year "2022" is painted in large, white, sans-serif numerals across the lower half of the road. The scene is bathed in the warm, golden light of a setting or rising sun, which is positioned high in the sky, creating a lens flare effect. The background consists of rolling green hills and a line of trees. On the right side of the road, there is a utility pole with power lines stretching across the frame. The overall atmosphere is peaceful and hopeful, suggesting a journey or a new beginning.

2022

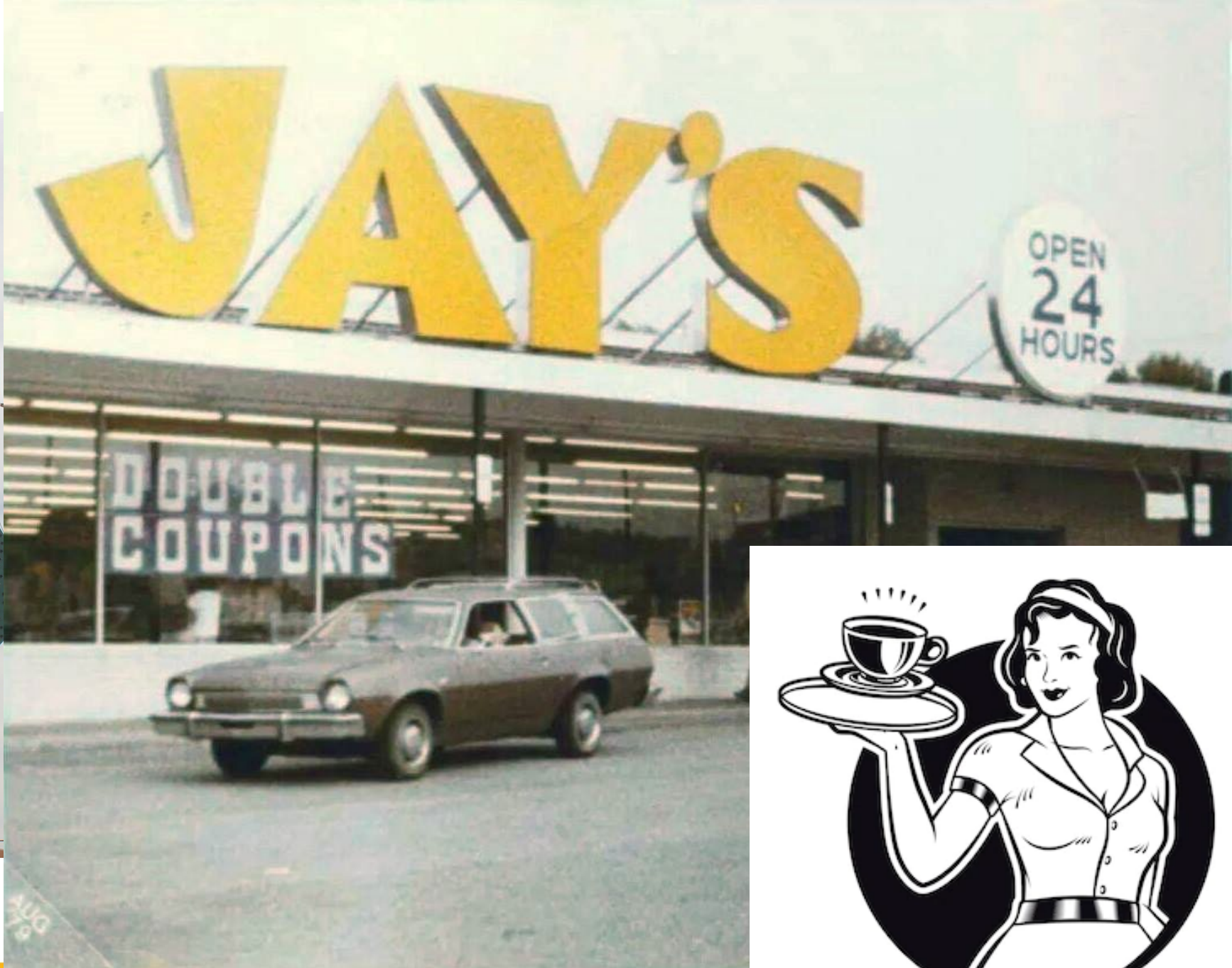
Amy Krichten

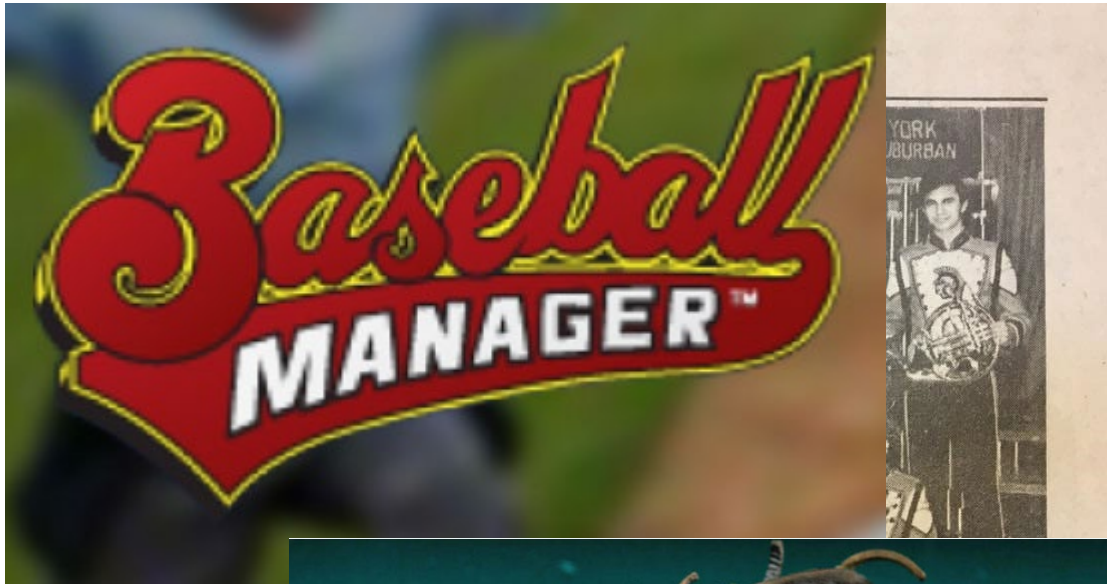




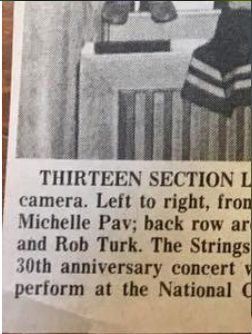


Family





Nursing School Graduation



Hi





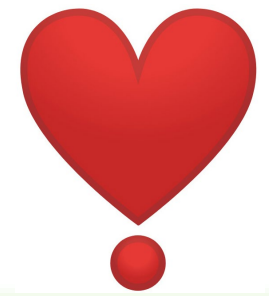


A stylized tree logo with the word "Family" written in a cursive font below it. The tree has a thick trunk and branches that end in decorative, swirling patterns. The word "Family" is written in a large, elegant, black cursive script.





Bamma



LAS VEGAS





REGIS
UNIVERSITY



SHARING OUR BEST

Protocol Identifies Trauma Patients for At-Risk

INNOVATIONS

Virtual Trauma Center Surveys, Are They Virtually the Same?

Amy E. Krichten, MSN, RN, CEN, TCRN ■ Darlene Gondell, MSN, RN, CCRN-K, CNRN, TCRN ■
Anna Over, MSN, RN, TCRN, EMT-I

Trauma

SHARING OUR BEST

Stressmanagement

Creating a Patient and Family Advisory Council at a Level 1 Trauma Center

Reda Willis, MS, RN, CNS-BC, CCRN ■ Amy Krichten, BSN, RN, CEN ■ Kelli Eldredge, MSN, RN, CCRN
■ Daniel Carney, MD, PhD





Penn Medicine
Lancaster General Health



p e n n s y l v a n i a
TRAUMA
SYSTEMS
f o u n d a t i o n



Society of Trauma Nurses

ATCN Instructor
TOPIC Core Faculty
& Instructor
TCRN Item Writer

2020 – 2021
**STN President
Elect**

Co-Founder and
Co-Chair of the STN
Leadership Committee

2014

Attended every
course offered

Secretary

Director at Large

Committee Involvement



Amy Krichten, MSN, RN, CEN, TCRN

Society of Trauma Nurses
President 2022



Sincere Gratitude

- STN Membership
- STN Board of Directors
- STN Committee Chairs, SIGs, and Volunteers
- Agentis Management Inc.
- Sarah Mattocks & Maria McMahon

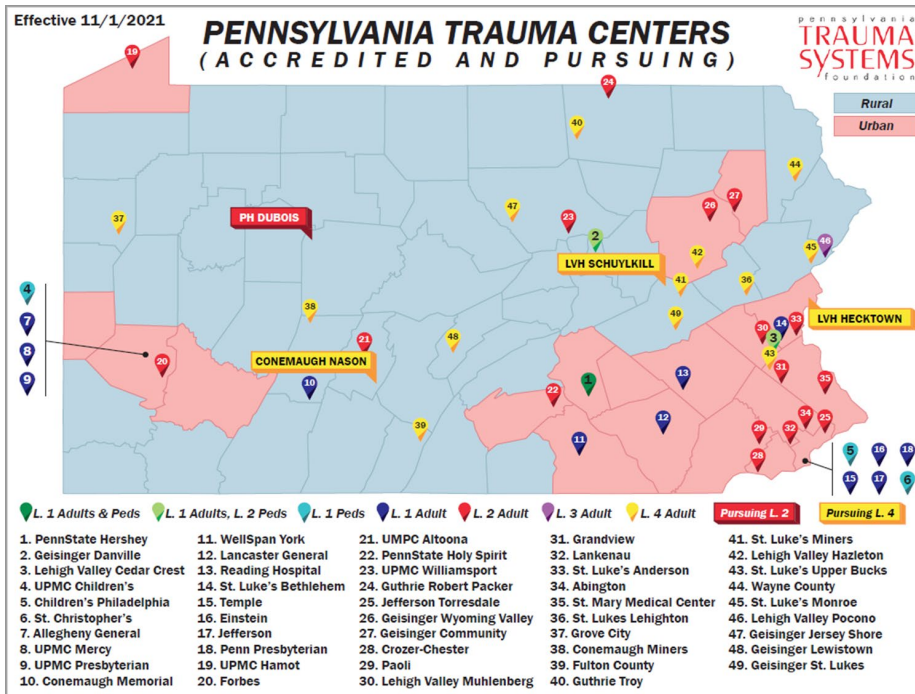


STN Mentors

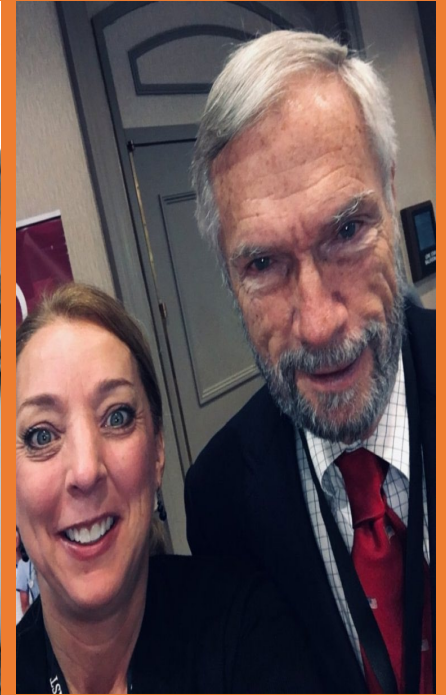


Pennsylvania Trauma Systems Foundation (PTSF)

- PTSF Board of Directors
- PA Trauma Centers
- Juliet Altenburg, Executive Director
- PTSF Staff
- Darlene Gondell and Anna Over, Accreditation Team



p e n n s y l v a n i a
**TRAUMA
SYSTEMS**
f o u n d a t i o n



PTSF Colleagues



Keith D. Clancy MD, FACS

“Don’t practice until you get it right...practice until you can’t get it wrong.”

“Do the right thing, even when it might not be the most popular.”



Family



STN Executive Committee: **How It's Going**



President
Maria McMahon, MSN,
RN, PNP-PC/AC, TCRN



Treasurer
LeAnne Young,
MSN, RN, TCRN



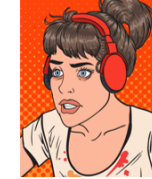
President-Elect
Amy Krichten,
MSN, RN, CEN,
TCRN



Secretary
Linda Reinhart, MSN,
RN, CNS, CCRN,
TCRN



**Immediate Past
President**
Sarah Mattocks,
MSN, FNP-C,
TCRN, NE-BC



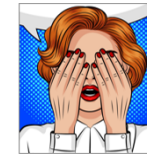
Director at Large
Melissa Smith,
MSN, RN

5

STN Board Directors: **Covid**



Director at Large
Jolene Kittle, MS, RN,
ACCNS-AG, NE-BC,
TCRN, CCRN-K CEN,
CFRN



Director at Large
Jami Blackwell,
BS, BSN, RN, CEN,
TCRN



Director at Large
Elizabeth Atkins,
MSN, RN, TCRN



**Director at Large -
Clinical**
Pamela J. Woods,
MSN, RN, ACNC-
BC, CEN, TCRN



Director at Large
Jonathan Messing, MSN,
ACNP-BC, CCRN, TCRN



Director at Large
Kristen M. Chreiman,
MSN, RN, CCRN,
TCRN



**Director at Large -
International**
Knut Magne
Kolstadbraaten, RN, CRNA



Mindfulness

1. Music
2. Candy Crush
3. ?



It's About Time

Past

Present

Future



It's About The Past



It's About the Present



**THERE ARE
SMARTER WAYS
TO GUARD
AGAINST FALLS.**



**HOME
SAFETY
IS BONE
SAFETY.**

Preventing hip fractures from falls is critical for senior home safety. A few common sense precautions can make homes safer and extend independence. A public service message from the American Academy of Orthopaedic Surgeons and the Orthopaedic Trauma Association. For home safety tips, visit orthoinfo.org/falls and ota.org.

OTA
ORTHOPAEDIC
—TRAUMA—
ASSOCIATION

AAOS
AMERICAN ACADEMY OF
ORTHOPAEDIC SURGEONS

Present Healthcare Stressors:

- COVID
- Unprecedented trauma volume
- Supply chain issues
- Staffing shortages
- Uncertainty of what's next

COVID Created Challenges for the Unity of our Profession

Dec. 2, 2021

Policy Statement: Dissemination of Non-scientific and Misleading COVID-19 Information by Nurses

Purpose

To address the misinformation being disseminated about COVID-19 by nurses.

For the purposes of this statement, misinformation is defined as distorted facts, inaccurate or misleading information not grounded in the peer-reviewed scientific literature and counter to information being disseminated by the Centers for Disease Control and Prevention (CDC) and the Food and Drug Administration (FDA).

Statement

Nurses are expected to be "prepared to practice from an evidence base; promote safe, quality patient care; use clinical/critical reasoning to address simple to complex situations; assume accountability for one's own and delegated nursing care" (AACN, 2021).

SARS-CoV-2 is a potentially deadly virus. Providing misinformation to the public regarding masking, vaccines, medications and/or COVID-19 threatens public health. Misinformation, which is not grounded in science and is not supported by the CDC and FDA, can lead to illness, possibly death, and may prolong the pandemic. It is an expectation of the U.S. boards of nursing, the profession, and the public that nurses uphold the truth, the principles of the *Code of Ethics for Nurses* (ANA, 2015) and highest scientific standards when disseminating information about COVID-19 or any other health-related condition or situation.

When identifying themselves by their profession, nurses are professionally accountable for the information they provide to the public. Any nurse who violates their state nurse practice act or threatens the health and safety of the public through the dissemination of misleading or incorrect information pertaining to COVID-19, vaccines and associated treatment through verbal or written methods including social media may be disciplined by their board of nursing. Nurses are urged to recognize that dissemination of misinformation not only jeopardizes the health and well-being of the public, but may place their license and career in jeopardy as well.

References

American Association of Colleges of Nursing (AACN). (2021). *The Essentials: core competencies for professional nursing education*. Retrieved from <https://www.aacnnursing.org/Portals/42/AcademicNursing/pdf/Essentials-2021.pdf>

American Nurses Association. (2015). *Code of Ethics for Nurses*. Retrieved from <https://www.nursingworld.org/practice-policy/nursing-excellence/ethics/code-of-ethics-for-nurses/>

Endorsements

National Council of State Boards of Nursing (NCSBN)
Accreditation Commission for Education in Nursing (ACEN)
American Academy of Nurse Practitioners Certification Board (AANPCB)
American Association of Colleges of Nursing (AACN)
American Association of Critical-Care Nurses (AACN)
American Association of Nurse Practitioners (AANP)
American Nurses Association (ANA)
American Organization for Nursing Leadership (AONL)

Emergency Nurses Association (ENA)
Gerontological Advanced Practice Nurses Association (GAPNA)
National League for Nursing (NLN)
National Organization of Nurse Practitioner Faculties (NONPF)
NLN Commission for Nursing Education Accreditation (CNEA)
National Student Nurses' Association (NSNA)
Organization for Associate Degree Nursing (OADN)

STN POSITION STATEMENT



STN Statement in Support of COVID-19 Vaccination



The Society of Trauma Nurses is proud of our members' work on the front lines throughout the COVID-19 pandemic, responding quickly as caseloads surged across the nation's hospitals. Healthcare professionals across the continuum of trauma care worked tirelessly, at significant personal risk, to ensure our communities had access to optimal trauma care. As leaders in the healthcare field, we understand the tremendous trust placed in us by those communities, and that is why STN fully supports the proposed plan by the Centers for Medicare and Medicaid Services and issued by the Biden administration to mandate vaccines for all providers in CMS-regulated settings.

Since introducing the COVID-19 vaccination, mounting evidence supports the safety and efficacy of vaccination as a crucial part of preventing hospitalization and severe illness caused by the COVID-19 virus. As our nation

grapples with the effects of the pandemic, it is incumbent upon nurses and healthcare providers to follow the guidance of public health professionals to best protect ourselves and the populations we serve. The proposed vaccine mandates align with existing requirements for providers for other vaccine-preventable diseases.

With the full FDA approval of the commercially available COVID-19 vaccines, the evidence supports the best way out of the pandemic is to increase the number of people vaccinated. STN members owe it to themselves, and more importantly to our patients, to model the best public health practices. Since nurses continue to be among the most trusted professions, STN believes that nurses leading the way with vaccinations will help increase the vaccination rates in their communities.

1



Violence Against Health Care Workers

- **American Nurses Association:** One in four nurses are assaulted in the workplace.
- **US Bureau of Labor Statistics:** Healthcare workers five times more likely to experience workplace violence than all other workers.
- **The Joint Commission – Workplace Violence Prevention Standards.**



STN Statement Condemning Russian Attacks on Civilians, and Medical and Nursing Personnel

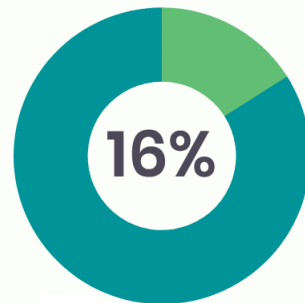
STN commends trauma nurses and other healthcare workers serving in Ukraine and other dangerous locations around the world, who risk their own lives every day to care for victims of violence and other injured people.



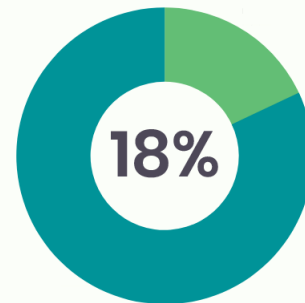
Resiliency



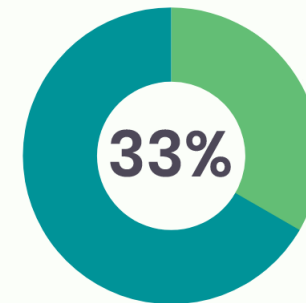
Nurses by the Numbers



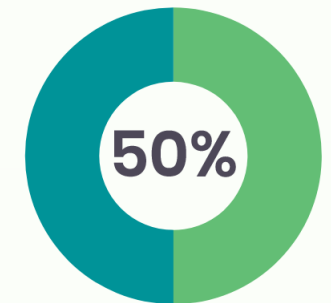
Have diagnostic criteria for PTSD



Experience depression



Experience high burnout



Consider leaving the profession

Maybe we
shouldn't
return to
"normal"?



Leading Toward Wellness

Dr Michael D. Pasquale MD, MHA
Physician in Chief, Institute for
Surgical Excellence at Lehigh
Valley Health Network





Resources for Health Care Worker Well-Being: 6 Essential Elements



nam.edu/CW | [#ClinicianWellBeing](https://twitter.com/ClinicianWellBeing)

Tips for Being Present at TraumaCon

Meet	Agentis Team, Board Member or Committee Chair
Visit	Exhibit Hall
Engage	Presentations and Discussions
Accept	Amy's Challenge: Three New People Every Day

+
•
◦ It's
About
the
FUTURE



The National
Academies of
Sciences,
Engineering,
and Medicine

www.nationalacademies.org

**Leading Health Indicators 2030: Advancing
Health, Equity, and Well-Being**

Committee on Informing the Selection of Leading Health Indicators for *Healthy
People 2030*

Board on Population Health and Public Health Practice

Health and Medicine Division

A Consensus Study Report of
The National Academies of
SCIENCES · ENGINEERING · MEDICINE

THE NATIONAL ACADEMIES PRESS
Washington, DC
www.nap.edu

Leading Health Indicators – 12 Topics

DEVELOPING
HealthyPeople
2030



Access to
Health Services



Clinical Preventive
Services



Environmental
Quality



Injury and
Violence



Maternal, Infant
& Child Health



Mental Health



Nutrition, Physical
Activity & Obesity



Oral Health



Reproductive &
Sexual Health



Social
Determinants



Substance
Abuse



Tobacco

Injury and Violence Core Objectives:

12 Related to
Violence and
Firearms

1. Fatal injuries
2. Fatal TBI
3. Unintentional deaths
4. ED visits for nonfatal unintentional injuries
5. MVC related deaths
6. Proportion of passenger vehicle occupant deaths that were known unrestrained
7. Fall-related deaths among adults age ≥ 65 yo
8. Homicides
9. Non-fatal physical assault injuries
10. Physical fighting among adolescents
11. Gun carrying among adolescents
12. Firearm related deaths
13. Non-fatal firearm related injuries
14. Child abuse and neglect deaths
15. Non-fatal child abuse and neglect
16. Adolescent sexual violence
17. Adolescent dating violence (sexual or physical)
18. Non-fatal intentional self-harm injuries

Future of
STN



Strategic Plan



*Lessons for a Rewarding Career Learned Along
the Way to this Podium*

Diversity,
Equity,
and
Inclusion

“It is not enough to be colorblind
– we must be color **bold.**”

Dr. Wayne Meredith
AAST 2020 Presidential Address



Elevate Your Voice for the Future of Trauma Nursing

Promote trauma-specific initiatives at your hospital

- Patient/Family focused
- Interdisciplinary rounds
- Nursing Professional Governance
- Faculty for trauma nurse training programs
- Faculty for trauma injury prevention initiatives

Advocacy

- Local, State, Federal and International Levels
- Connect with governmental officials
 - 1:1
 - Letters
 - Invite them to your hospital

Personal

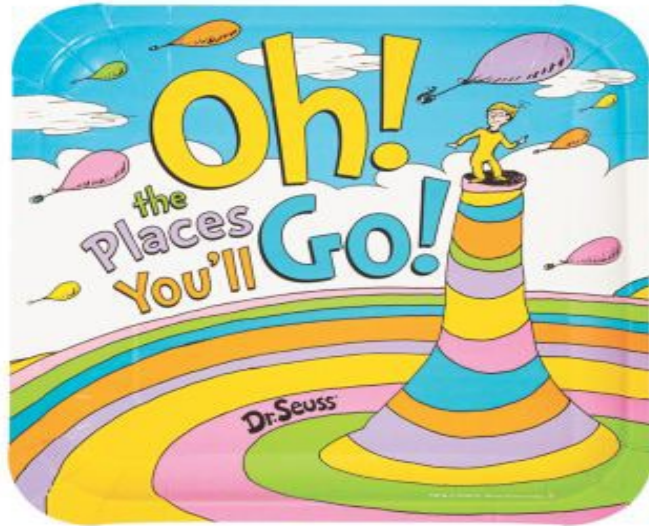
- Get certified
- Join a professional organization (STN 😊)
- Publish / Peer-review – JTN
- Injury Prevention & Outreach

Make STN Your Professional Home

Welcome Home!



STN's Got You



Past

Present

Future

525,600 Minutes



Seasons of Love: Jonathan Larson





Thank
you!
