

Creation of a Trauma-Informed Care Training Program for Healthcare Providers and Advocates at a Level 1 Trauma Hospital

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Session Objective

At the end of the presentation, participants will be able to discuss components of a Trauma-Informed Care Training



Becoming a Trauma-Informed Care Facility

Trauma-Informed Care involves a shift in the culture of the facility, where focus is placed on recognizing, accepting, and reacting appropriately to the impact of trauma at all levels (Bloom, 2010).

Four Essential Components of Implementing Trauma-Informed Principles

- 1-Education and Training
- 2-Feedback Processes
- 3-Policy and Procedure Review
- 4-Climate and Culture

Trauma Informed Oregon, 2020

This presentation will discuss a training program implemented in the following settings:

- ❖ Level 1 Trauma hospital for the Emergency Department and Social Work/Care Management Department
- ❖ The Center Against Sexual and Family Violence (CASFV) for Trauma Advocates
- ❖ Two Local Universities for ADN and BSN nursing students



Trauma-Informed Care

What is Trauma-Informed Care?

- ❖ Framework for organizational and clinical changes that can be implemented across the healthcare sector to address trauma

Key Ingredients of Trauma-Informed Organizational Practices

- ❖ Leading and communication about the transformation process
- ❖ Engaging patients in organizational planning
- ❖ Training clinical as well as non-clinical staff members
- ❖ Creating a safe-environment
- ❖ Preventing secondary traumatic stress in staff (such as chronic fatigue, disturbing thoughts, poor concentration, emotional detachment/exhaustion, avoidance, absenteeism, and physical illness) due to hearing about firsthand trauma experiences of another.

Menschner & Maul (2016)



Training Participants

Participants

- ❖ Emergency Department Staff (first-line of care)
- ❖ Advocates for Trauma Patients/Families (ie: Social Workers, Care Management, Counseling Services)
- ❖ Anyone who will be in contact with trauma survivors and their families

Initial training and then annual or semi-annual refresher courses.



Components of Training

Training needs to be individualized to the participants. For example, you would use examples that would be relevant to their interaction with the trauma survivor.

Training Components

- ❖ Discuss the Facility role in becoming a Trauma-Informed facility.
- ❖ Discuss what Trauma entails
- ❖ Discuss components of Trauma-Informed Care Practices
- ❖ Create scenarios where the participants can role play different scenarios



Application to Trauma Practice

Improve quality of trauma care provided to patients and their families

Healthcare Providers will be able to:

- ❖ Recognize profound impact of trauma and the complex process of recovery
- ❖ Identify s/s of trauma in patients and their families
- ❖ Respond appropriately to each patient's unique needs
- ❖ Actively resist re-traumatization of the patient.

SAMSA, 2014



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