

CURRICULUM VITAE

R.C. ACKERMANN



CV of René Ackermann

Clinical and Technical Expert (SA & International) – Lenmed Hospital Group- also a motivator of people, communicator, problem solver, and business-oriented professional.

QUICK SUMMARY

1994 - 1997	Joined the South African Military Health Services and completed nursing training. Diploma in General Nursing, Psychiatric and Community Nursing, Midwifery. Trophies Awarded on Completion of Diploma in General Nursing, Psychiatric Nursing, Community Nursing and Midwifery: Blanche Scheepers – Student with best achievement in General Nursing Science MC Opperman – Student with best achievement in Midwifery Smith & Nephew – Student with the best achievement in Community Nursing Science Swanepoel – Student with the best achievement in Psychiatric Nursing Science Surgeon General – Most versatile student in the academical field
1998 - 2004	Working at Area Military Health Unit Gauteng as a Community Nursing Sister and Coordinator for the Concurrent Health Assessments of the SANDF
2002	Diploma in Clinical Health Assessment, Diagnosis, Treatment and Care in March 2002. (Received the trophy for the best student in Pharmacology) August: Battlefield Advanced Trauma Life Support and Battlefield Advanced Resuscitation Techniques and Skills Course (BATLS-BARTS) October: BATLS-BARTS Instructor Course
2004-2006	Transferred to the military training milieu. Appointed at the School for Military Health Training as Program Coordinator Advanced Military Medicine. My work in the South African National Defence Force mainly consisted of the coordination of the BATLS-BARTS, BLS, ACLS, PALS Courses, Surgery of War Course, Disaster Medicine course as well as the Trauma Nursing Core Course (TNCC). The mentioned courses focus on training the military nurse to function at any level hospital during operational as well as non-operational circumstances and to provide them with the skills to manage any trauma or emergency medical patient.
2005	Disaster Medicine Course presented by the Universities of Cape Town and Stellenbosch
2006	Deployed to the Comoros in May 2006 as the Medical Task Team Commander during the hostile period of their general elections.
2006 - 2010	Emergency Department Manager: Life Wilgers Hospital
2007-2010	Project Leader for the Life Healthcare Hospital Group Trauma Task Team as well as a member of the Life Healthcare Major Incident Work Group.

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2009	Invited to be an instructor on the Fundamentals of Emergency Care (FEC) Course of the University of Cape Town
2009	Invited to attend the World Health Organization's first session of the Global Forum on Trauma Care and Trauma Care Checklist Work Team in Rio de Janeiro, Brazil during October 2009. I was one of the two persons that were invited to represent South Africa. Working on a checklist to ensure safe trauma care.
2010 – September 2011	Appointed as Service Line Director – Hospital Services (A&E, Urgent Care, Phlebotomy Nurses and Out-Patient Department) at Bokamoso Private Hospital, Gaborone, Botswana in March 2010 - October 2010. Appointed as the Acting Director of Nursing from 02 November 2010 – September 2011.
2010	Invited to present the Fundamentals of Emergency Nursing, Emergency Management of Severe Burns Course as well as the Trauma Nursing Core Course in Amman from June/July of 2011 – 2013. This training was postponed due to political instability in the Middle East.
October 2011 – February 2013	Trauma Programme Manager: Netcare Union Level I Hospital. The first Trauma Programme Manager for South Africa.
2011	Reviewer for the Professional Nursing Today on their Emergency Medicine Section. Included as an International Faculty member of the Emergency Nursing Association (USA).
2012	Received theoretical training from the American College of Surgeons (Chicago, USA) on Trauma Programs and Trauma Systems and the management thereof. Visited Level I Trauma Centres (Dallas, Fort Worth, Baltimore, San Antonio, BAMC, Miami) working closely with their Trauma Programme Managers in the practical application of Trauma Programme Management. Total time spent in the USA – 5 weeks.
October 2012	International Faculty member for the roll-out of TNCC in Kenya, October 2012.
February 2013 – October 2018	Trauma Programme Manager for Netcare Milpark Hospital, Level I Trauma Centre.
2013	Consultant to the South African Medical Health Services (SAMHS) as part of the investigation of the Battle of Bangui (specific focus area: evaluation of causes of deaths; determining if it was preventable or non-preventable deaths).
2013	Elected as Vice President for the Emergency Nurses Society of South Africa (ENSSA), November 2013 (Period of position: 2014-2015)
2013- 2021	Author of the "Emergency and Safety Guides" for "Your Baby Magazine" and "Jou Baba" Magazine.

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2014	Invited by University of Michigan to lecture and assist in clinical accompaniment the Emergency Nursing Diploma students at Komfo Anyoke Teaching Hospital (KATH) in Kumasi, Ghana over the period 5-18 July 2014.
2014	Invited by the African Federation of Emergency Medicine to assist with the development of an Emergency Nursing Training course for Tanzania.
2016	Invited to be a lecturer / instructor on the Sweden Military DSTC (Definitive Surgery in Trauma Care) Course -September 2016.
2016 - 2021	President of the Emergency Nursing Society of South Africa.
2016	Accepted as a Fellow of the Academy of Nursing South Africa.
2018	Appointed to the International Council (Representing African Continent) of the Society of Trauma Nurses (USA)
2019	Invited to be a member of the Global Quality Improvement Task Force (Representing African Continent)
October 2018- October 2021	Appointed as the first National Quality and Systems Manager (Trauma & Emergency) for the Netcare Hospital Group, South Africa
October 2019	Selected as a member of the Protection of Personal Information (POPI) Act Workgroup for Netcare Hospital Group
January 2020	Selected as a member of the Netcare Hospital Group Data Council
2020	Accepted as an international delegate to the General Assembly of the Emergency Nurses Association (USA) representing their Southern African Chapter.
November 2021 – November 2025	Group Trauma, Emergency and Transplant Manager for Lenmed Group (First for Group)
2023	Invited as a member of the scientific review committee for the 4 th Global Conference on Emergency Nursing and Trauma Care in Sweden, November 2023.
2024 - 2026	International member as part of organizing committee for TraumaCon 2025 and TraumaCon2026 by the Society of Trauma Nurses, USA.
2025	Elected as an Executive Council member of Trauma Society of South Africa.
2025	Appointed as a Lecturer (part-time) at the University of Stellenbosch, Faculty of Emergency Medicine.
December 2025 – to date	Clinical and Technical Expert – Lenmed Group (SA & International) (First for Group)
December 2025 – to date	Co-Chair of the International Council for the Society of Trauma Nurses (STN) (USA)
On going	International Liaison for the American Emergency Nurses Association for the Trauma Nursing Core Course (TNCC) in South Africa, Namibia and Botswana, Kenya (Southern Africa).

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	<p>Instructor on the Battlefield Advanced Trauma Life Support / Battlefield Advanced Resuscitation Skills and Techniques Course and Emergency Management of Severe Burns Course.</p> <p>Instructor on the Major Incident Medical Management Systems (MIMMS) and Hospital Major Incident Medical Management Systems (HMIMMS) from the UK Advanced Life Support Group.</p> <p>Instructor on the Emergency Management of Severe Burns Course (Burns Society of South Africa).</p> <p>Reserve Force Officer (Major) in the South African National Defence Force and a consultant to military operations on the medical evaluation of injured soldiers (during combat).</p> <p>Trauma Society of South Africa auditor for the accreditation and re-verification of trauma centres.</p> <p>Reviewer for African Journal of Emergency Medicine – ORCID (https://orcid.org/0000-0001-9127-1727)</p> <p>Reviewer for Journal of Trauma Nursing – ORCID (https://orcid.org/0000-0001-9127-1727)</p>
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:: Publications & International Author

MILMED SCIENTIFIC – Periodical of the South African Military Health Service	Vol 3 No 1, February 2011	Triage in the Combat Scenario as a Tool for the Optimal Treatment and Evacuation of the Wounded Soldier
PROFESSIONAL NURSING TODAY	(2012:16(3))	Emergency management of the patient with severe burns in the emergency department
SOUTH AFRICAN JOURNAL OF PHYSIOTHERAPY	ISSN: (Online) 2410-8219, (Print) 0379-6175; 2022	A profile of adult patients with major burns admitted to a Level 1 Trauma Centre and their functional outcomes at discharge: A retrospective review
HEALTH EMERGENCY AND DISASTER NURSING	2025 12, 11-13	Overview of current landscape of disasters in South Africa
International Author		
TRAUMA NURSING CORE COURSE MANUAL (TNCC)	7 TH Edition	Epidemiology of Trauma in South Africa (Author)
EMERGENCY NURSING PEDIATRIC COURSE MANUAL (ENPC)	5 th Edition	Epidemiology of Paediatric Trauma in South Africa (Co-author)
TRAUMA NURSING CORE COURSE MANUAL (TNCC)	8 th Edition	Epidemiology of Trauma in South Africa (Author)

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ADVANCED TRUMA CARE FOR NURSES (ATCN)	9 TH Edition	Paediatric Trauma Chapter
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Other		
ORIENTATION MANUAL FOR TRAUMA PROGRAMME MANAGERS IN SOUTH AFRICA	Author	Not published – used as a reference for training of new Trauma Programme Managers in South Africa

:: Posters Presented

Improvement of data capturing as an effective tool in measuring Level I Trauma Centre Performance	2013 (Poster)
Reduction of Blood Product Wastage at a Level I Trauma Centre	2014 (Poster and Podium Presentation)
Trauma Centre Accreditation as a tool for Focussed Performance Improvement	2014 (Poster and Podium Presentation)
Accurate Measurement and Capturing of Trauma Scores as a Performance Improvement tool for evaluating patient outcomes at a Level I Trauma Centre	2014 Poster
Saving Lives – Trauma Systems Counting Down Time in Improving Patient Outcomes	2015 Poster
One drop at a time – A Continuous Quality Assurance Focus on the Reduction of Blood Wastage	2015 Poster
Development of a Trauma Injury Prevention Programme can be done in collaboration between healthcare and corporate.	2015 Poster
Emergency Airway Case Report – Between a rock and a hard place (co-author) Available from <i>F1000Research</i> : Stanton D, Grobler R, Ralphs M and Caetano E. Emergency airway case report- between a rock and a hard place [v1; not peer reviewed]. <i>F1000Research</i> 2016, 5 :1152 (poster) (doi: 10.7490/f1000research.1112108.1)	2016 Poster at International Conference on Emergency Medicine
Saving lives – trauma systems counting down time in improving patient outcomes (author)	2016 Poster at International Conference on Emergency Medicine
Peak-a-Boo: Ready or not - The paediatric patient is coming to your Emergency Department	2023 Poster at the 4 th Global Trauma and Emergency Nursing Conference
Hippo Hunting at Night – Beyond the Safety of the Camp Fire (Trauma Systems)	2024 Poster at the African Conference of Emergency Medicine, Botswana
Geriatric Emergencies – Are we taking care of our elders in Africa?	2024 Poster at the African Conference of Emergency Medicine, Botswana
International Trauma Nurses' Perspective of Their Local Trauma Resources	2025 Poster at TraumaCon 2025 in Kansas City

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:: Speaker on Conferences

May 2012	2nd Annual Mine Site Emergency Preparedness & Rescue Innovations Conference, Rosebank, South Africa	Aligning Pre-disaster Medical Planning with Post-disaster Medical Response
November 2012	EMSSA Symposium, Johannesburg, South Africa	Paediatric Trauma Injury Prevention
May 2013	3rd Annual Mine Site Emergency Preparedness & Rescue Innovations Conference, Rosebank, South Africa	Aligning Pre-disaster Medical Planning with Post-disaster Medical Response
November 2013	EMSSA Conference, Cape Town, South Africa	The role of the Trauma Program Manager in the development of an effective trauma program and trauma system
November 2013	EMSSA Conference, Cape Town, South Africa	Let's stop the disease called "injuries" killing our children – a systematic approach to injury prevention
July 2014	Komfo Anoyke Teaching Hospital (KATH), Khumasi, Ghana	Invited lecturer – Emergency Nursing Diploma Course
November 2014	Emergency Medicine Society of South Africa / Trauma Society of South Africa Symposium, Durban, South Africa	Bringing it all together – Nursing the trauma patient in the EC and the Ward
May 2015	African Health Symposium	Initial Management of Burns
June 2015	Pan-African Rabies Control Network (PaRaCoN) Meeting, Johannesburg 9-11 June 2015	Dog Primary Healthcare and Welfare Booklet (Prevention of Dog bites: Prevention of Rabies)
November 2015	16 th South African Burn Society Congress	The Quality Improvement Journey of the Burns Patient
November 2015	Trauma Society of South Africa – Trauma Update 2015	Injury Prevention – Can you make a difference?
April 2016	International Conference on Emergency Medicine (ICEM)	Available at <i>F1000Research</i> : Grobler R. Injury prevention: little footsteps to changing outcomes [v1; not peer review]. <i>F1000Research</i> 2016, 5:1199 (slide presentation) (doi: 10.7490/f1000research.1112163.1)
March 2017	The 18 th annual Rao R Ivatury Trauma Symposium, Virginia Commonwealth University, USA	Keynote speaker: The Extremes of Injuries, An Africa Perspective
April 2017	Richmond Virginia, USA, Ambulance Authority EMS Seminar	Hippo Hunting at Night, EMS in Motion
October 2017	6 th EMSSA International Conference, Sun City	Women in Emergency Medicine – The Lipstick Behind the Mask
August 2018	4 th World Nursing and Healthcare Conference, Rome	Injury Prevention – Changing Lives
September 2018	AAST; World Trauma Conference, San Diego, USA	1) Trauma in my part of the World 2) Caring for the World's Aging Population

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October 2018	3 rd Global Conference on Emergency Nursing and Trauma Care	1) Hippo Hunting and Night – EMS in motion beyond the safety of the campfire 2) Injury Prevention: Taking small steps in achieving lifesaving outcomes
May 2019	Africa Health Conference	Overcoming Challenges to Advance Emergency Nursing
November 2020	All Levels of Trauma Conference (Virtual ALTC)	Trauma Care During a Pandemic – A South African Perspective
February 2021	5 th World Trauma Congress	Africa Wild – A Review of Animal Injury Patterns
March 2021	STN (USA) TraumaCon 2021	Panelist COVID-19 and trauma
September 2021	Australian Trauma Society	Keynote speaker (Opening Plenary session)
November 2021	All Levels of Trauma Conference (Virtual ALTC)	Empowering Trauma Nurses to help build trauma center programs and trauma systems
December 2022	All Levels of Trauma Conference (Virtual ALTC)	Big 5 – Wild Animal Attacks
March 2023	TraumaCon2023, Denver, USA	Geriatric Trauma In Africa
November 2023	4th Global Trauma and Emergency Nursing Conference, Sweden	1) Gangsters Paradise – Managing penetrating injuries 2) The African Experience – Large Animal Attacks 3) Geriatric injuries in Africa
March 2024	TraumaCon2024, Orlando, USA	Geriatric Hip Fractures in Africa
August 2024	Surgical Summit, Johannesburg, South Africa	Celebrity Fatalities: Optimizing Care to Prevent Tragic Outcomes
November 2024	African Conference on Emergency Medicine, Botswana	From Chaos to Order - The Aftermath of Failures in the Emergency Department
November 2024	African Conference on Emergency Medicine, Botswana	The reality of trauma and emergency resuscitations in low resource settings
April 2025`	European Congress on Trauma and Emergency Surgery (ECTES), Aachen, Germany	WHO Basic Emergency Care Course
April 2025	TraumaCon 2025 (Society of Trauma Nurses, Kansas City	Pre-Conference Workshop It's a Small World After All: Understanding the World Wide Impact of TBI
April 2025	TraumaCon 2025 (Society of Trauma Nurses, Kansas City	Global Burden of Trauma (African Perspective)

:: TV & Radio Interviews

2013	Kyknet TV – Dagbreek Morning show	Injury Prevention
2013	Kyknet TV – Dagbreek Morning show	Helmet Safety and Head Injury Prevention
2014	Kyknet TV – Dagbreek Morning show	Burns Injury Prevention
2015	Radio 702 Afternoon show	Road Safety and Unrestrained Driving
January 2016	Radio Pretoria	Injury Prevention
March 2016	Radio Islam	Head Injury Prevention and Helmet Safety

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October 2016	Radio Islam	Car Seat Safety and Injury Prevention advise for the school holiday
April 2017	Word on the Street / EMSWorld.Com (Podcast)	http://www.emsworld.com/podcast/12323620/word-on-the-street-ems-in-south-africa
Oct – Nov 2017	Nurse TV Interviews on Injury Prevention	Episode 1: Road Safety tips for the December Holiday Episode 2: Car Seats Episode 3: Lightning Protection Episode 4: Helmet Safety / Head Injury Prevention
June 2019	Cape Talk Radio and 702	Injuries Caused by Animals
December 2020	Kyknet Aktueel	Walking Ring Injuries
January 2021	Cape Voice Radio	Walking Ring Injuries
January 2025	Kyknet (DSTV) Groot Ontbyt	Orgaanskenking

:: Personal Details

Full names: Regina Catharina (René) (Grobler) Ackermann

ID Number – 750326 0016 08 0

South African Nursing Council:

Registration Nr – 14131023

:: Education and Training

• Short Courses

- BATLS-BARTS,
- TNCC Provider,
- TNCC Instructor Course,
- Emergency Management of Severe Burns,
- Emergency Management of Severe Burns Instructor Course,
- MIMMS,
- H-MIMMS,
- HIV Training Course for Health Care Workers,
- Good Clinical Practice,
- Advanced Trauma Care for Nurses (ATCN),
- Definitive Surgical Trauma Surgery Course (DSTC),
- COVID-19 Contact Tracing (Johns Hopkins University) (2020, Certificate available)
- COVID-19: What you need to Know (IPMA & Osmosis.org)

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- **Certificates** – Certificate in Clinical Nursing; Health Diagnosis, Treatment and Care (Art38A), Certificate in Family Planning.
- **Management Training Courses** – Leadership Program; Industrial Relations; Disciplinary Processes; Incident Management.
- **Post Basic Diploma** - Diploma in Clinical Health Assessment, Diagnosis, Treatment and Care: South African Military Health Services Nursing College, 2002
- **Basic Diploma** –Diploma in General, Community and Psychiatric Nursing and Midwifery: South African Military Health Services Nursing College, 1994 -1997
- Matric (Gr 12), Brits High School, 1993

:: Career Details

Clinical and Technical Expert (SA & International)

Lenmed Group

12/2025 to date

The Clinical and Technical Expert will serve as a key advisor and implementer across Lenmed's healthcare network in South Africa, Africa, the UAE, and other international projects. This role bridges clinical excellence with technical innovation, ensuring that Lenmed hospitals and healthcare initiatives deliver world-class patient care, operational efficiency, and sustainable growth.

Group Trauma, Emergency and Transplant Manager

Lenmed Group

11/2021 to 11/2025

The role serves as a professional expert on trauma, emergency and transplant services to ensure the delivery of optimal quality trauma and/or emergency care as defined by national and international standards of practice. Ensure trauma centre readiness and compliance. Additionally, the position has oversight of data registries, performance metrics and research initiatives the produce exemplary optimal quality outcomes and performance. The position support critical air and ground transport initiatives, as well as regional EMS planning. This includes the analysis, development and ongoing monitoring of strategic and growth plans ensuring focus on new Trauma, Emergency and Transplant development, strategic business drivers, service line growth, goals related to service, quality, people, finance and key community and internal relationships.

National Quality and Systems Manager (Trauma & Emergency)

Netcare Hospital Group

10/2018 to 10/2021

The National quality and systems manager (trauma and emergency) is responsible for the process ownership of digitalisation projects for the division which includes the implementation of electronic systems and the facilitation of change thereof. The individual will be accountable for the general IT oversight, sustainability and management of these projects.

The National quality and systems manager (trauma and emergency) will further be responsible for managing the standardization, quality assurance, improvement and clinical governance of trauma and emergency documentation within all Netcare trauma and emergency departments and other related divisions within the Hospital group. This individual will lead the development, standardization, implementation and evaluation of trauma and emergency processes/systems processes in order to align with legislative requirements, best practice, certification, accreditation requirements as well as the Netcare strategy of Person centred Health and care. The role will focus

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on the support, development and mentorship of level 1 trauma programme managers in the Netcare facilities as well as ensuring a sustainable standard of level 1 trauma centres aligned to the Netcare trauma programme and the overall Netcare strategy.

Trauma Programme Manager

<u>Netcare Union Hospital</u>	<u>03/2013 to 09/2018</u>
<u>Netcare Milpark Hospital</u>	<u>10/2011 to 02/2013</u>

Netcare Milpark Hospital offers a world-renowned Level I Accredited Trauma Centre to cater for all trauma patients. It was the first Private Hospital in South Africa to receive this accreditation and is equipped to provide comprehensive emergency medical services to patients suffering traumatic injuries.

The Trauma Programme Manager is responsible for the development, implementation and evaluation of the trauma program at a Level 1 Trauma Centre and works in collaboration with the Trauma Director of the Trauma Centre. The Trauma Program Manager assumes responsibility for process and performance improvement, including clinical, educational, marketing and outreach activities aiming at the trauma system.

Director of Nursing

<u>Bokamoso Private Hospital (www.bokamosohospital.org)</u>	<u>11/2010 to 09/2011</u>
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Bokamoso Private Hospital is an internationally recognized centre of medical excellence providing state-of-the-art health care services and an advanced nursing practice model for global implementation in Botswana.

Notable Achievements

- Carried the Hospital through very difficult times, keeping the **Nursing Department** running on very low **budget** during Provisional Sequestration process of the Hospital.
- **Optimised** the department to **cut** all possible **costs** without impacting **service delivery** to the patients, Hospital and its customers.
- Assisted with **redesigning** the **workflow and processes** of the hospital to **turn it around** from a loss-making organisation to a **profitable** entity.
- As the Acting Director of Nursing, I was part of the management team (4 members) that turned the financial position of the hospital from a P20 million to a P3 million loss in 6 months.
- Member of the Senior Management team that created a business case and strategic business plan to secure a long-term financial solution for the Hospital to ensure survival of the hospital in the Botswana market.

Service Line Director – Hospital Services

<u>Bokamoso Private Hospital (www.bokamosohospital.org)</u>	<u>3/2010 to 10/2010</u>
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Job Overview

The Nursing Service Line Director provides clinical, operational and administrative oversight to patient care areas within the service line. Creates and promotes and environment of cooperation and coordination within the service line and among other hospital departments. Responsible for the overall financial well-being of the units within the service line with budgetary oversight for personnel, supplies and capital equipment. Leads the performance improvement initiatives of the service line. Responsible for the optimal management of the Accident & Emergency Unit, Out-patient Department and Phlebotomy Nurses.

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Notable Achievements

- Assisted with ensuring that then newly opened Accident & Emergency unit adheres to international emergency medicine standards.
- Developed the Major Incident Plan for Bokamoso Private Hospital.
- Ensured and assisted that a stock management system was developed for the Accident & Emergency unit was developed to manage stock more effectively especially from a financial perspective.
- Assisted with guidance and support to the Out-patient department in the planning and implementation of opening an off-site remote clinic for the management of Paediatric and Obstetric patients.

:: Career Details

PREVIOUS POSITIONS

- Group Trauma, Emergency and Transplant Manager – Lenmed Group, November 2021 – November 2025
- National Quality and Systems Manager (Trauma & Emergency) – Netcare Hospital Group, November 2018- October 2021
- Trauma Programme Manager – Netcare Milpark Hospital, March 2013 – October 2018
- Trauma Programme Manager – Netcare Union Hospital, October 2011 – February 2013
- Acting Director of Nursing, Bokamoso Private Hospital, Botswana November 2010 – September 2011
- Service Line Director, Hospital Services, Bokamoso Private Hospital, Botswana March 2010 – October 2010
- Trauma Unit Manager, Life Wilgers Hospital, Pretoria 2006 - 2010
- Programme Coordinator Advanced Military Medicine, School for Military Health Training, SANDF 2004 - 2006
- Community Health Registered Nurse, Area Military Health Unit, Gauteng, SANDF 1998 – 2004

:: References

REFERENCES – Lenmed Group

Mr Niresh Bechan (CEO Lenmed Etheekwini Hospital and Heart Centre)

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Mr Amil Devchand (CEO Lenmed Group)

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REFERENCES – Netcare Hospital Group

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Prof Jacques Goosen (Trauma Director Netcare Union Hospital)

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Dr Richard Friedland (CEO, Netcare Hospital Group)

Richard.friedland@netcare.co.za

REFERENCES – School for Military Health Training

Col Theo Ligthelm, Retired (Officer Commanding during my full-time position in the SANDF)

theolig@absamail.co.za

Cell: +27 (0)82 824 1119

Col Franco Chamberlain, Retired (Officer Commanding for Reserve Force Appointment)

Cell: +2783 556 0323