1st GEAR

(requires the least time)

Voting

Participating in List Serve

Answering Surveys

Posting Journal Articles at Work

Writing Letters to Legislators in Support of STN / Trauma Issues

Attend STN Annual Conference

Membership Recruitment

Member Appreciation/Acknowledgement

2nd GEAR

State Chair

Active Committee Member

Active SIG Member

JTN Manuscript Reviewer

Ad Hoc Committees (such as Nominating Committee and Awards Committee)

3rd GEAR

Committee Chair

ATCN Faculty

Active Member of a Special Project (developing new courses.

educational tools, etc.)

Submit Abstract to Annual Conference

Submit Manuscript to JTN

Annual Conference Committee

Conference Presenter

Region Chair

4th GEAR

(requires the most time)

STN Board of Directors

ATCN Executive Committee

ATCN International Chair

GET IN GEAR! GET INVOLVED!

As you already know, some of the best rewards from joining the Society of Trauma Nurses are networking and relationship building. There are many ways to maximize your membership in STN, but an investment of time and effort in activities is essential. STN provides a number of opportunities for you to **GET INVOLVED**—some activities require little time while others take a bigger commitment. Shift to the gear that works best for **you**.

